

Choosing a Spokesperson

This worksheet will help you choose the best spokesperson for you. Enter the names of the people you're considering to be your spokesperson, one name at the top of each column. Your spokesperson should be a competent adult. For each person, consider each statement in the left-hand column. If the statement is true, mark the box under that person's name. If the statement is not true, leave the box blank. You should think about how important each statement is to you when choosing the best spokesperson for you.

Lives close by or could travel to be at my side if needed.

Willing to talk with me now about sensitive issues and will listen to my wishes.

Could handle the responsibility.

Would be able to handle conflicting opinions between loved ones and/ or medical personnel.

Would be willing to speak for me.

Would be available in the future if needed.

Would be firm yet flexible when faced with confusion and changing information.

Selected a spokesperson? Fill in their information below

Name _____

Email _____

Cell Phone _____

Home Phone _____

Relationship _____

Don't have a spokesperson?

It's even more important that you talk to your physician, your neighbor and document your wishes in writing.

Check out the **"What To Talk About"** guidesheet.

Visit planninghealthcaremyway.org/guidesheets