

My Personal Statement

Use this form along with the "Documenting" stage of the website to help create a personal letter for your loved ones and health care providers.

Introduction/address your letter.



Give your loved ones and health care providers permission" to follow your wishes.



Attach the letter to your formal advance directive and Planning My Way guide sheets.



Say what your wishes are in your own words and why.



Thank them for doing this difficult task and encourage them to follow your wishes.

